

2009 MIAA CROSS COUNTRY CHAMPIONSHIPS

ADRIAN, MICHIGAN SATURDAY, OCTOBER 31, 2009

INDIVIDUAL RESULTS - WOMENS VARSITY

Place	No.	Name	School	Grade	Time	Pace
1	121	Jess Koster	Calvin	4	22:56.4	6:10
2	116	Jesi Hale	Calvin	4	22:58.4	6:10
3	112	Sarah Dugan	Calvin	4	23:14.0	6:14
4	107	Lauren Bergstrom	Calvin	4	23:17.2	6:15
5	125	Lizz Smit	Calvin	4	23:26.9	6:18
6	110	Gretchen Braymer	Calvin	3	23:29.4	6:19
7	217	Jillian McLaughlin	Kalamazoo	4	23:32.0	6:19
8	174	Taylor Mattarella	Hope	1	23:36.9	6:21
9	119	Jodie Hoekstra	Calvin	2	23:38.4	6:21
10	162	Emily Fischer	Hope	3	23:51.5	6:24
11	118	Rebecca Hiemstra	Calvin	2	23:55.0	6:25
12	126	Mary Tolsma	Calvin	4	23:57.2	6:26
13	127	Allison Tuuk	Calvin	3	24:02.4	6:27
14	172	Kelly Luftkin	Hope	2	24:06.7	6:29
15	113	Nicole Farr	Calvin	4	24:15.4	6:31
16	130	Samantha Westveer	Calvin	3	24:16.8	6:31
17	180	Karly Sikma	Hope	2	24:19.1	6:32
18	124	Alyssa Penning	Calvin	1	24:26.4	6:34
19	89	Kellee Lemcke	Alma	3	24:28.3	6:34
20	5	Logan Hamel	Adrian	1	24:33.9	6:36
21	173	Katie Martin	Hope	1	24:38.3	6:37
22	3	Alicia Fowler	Adrian	1	24:44.4	6:39
23	168	Sharon Hecker	Hope	1	24:45.2	6:39
24	254	Julia Kenney	Saint Mary's	1	24:47.1	6:39
25	179	Susan Savasky	Hope	3	24:53.7	6:41
26	111	Kaitlin Diemer	Calvin	2	24:54.7	6:41
27	114	Liz Feenstra	Calvin	3	24:55.8	6:42
28	51	Erika Nichols	Albion	4	25:02.9	6:44
29	158	Claire Bird	Hope	3	25:06.3	6:45
30	175	Morgan McCardel	Hope	1	25:09.4	6:45
31	108	Andrea Beukema	Calvin	3	25:10.7	6:46
32	14	Heather Strong	Adrian	1	25:13.9	6:47
33	57	Amanda Weaver	Albion	1	25:15.2	6:47
34	177	Kate Nelson	Hope	2	25:17.1	6:47
35	120	Eva Kort	Calvin	2	25:19.1	6:48
36	246	Joanne Almond	Saint Mary's	2	25:23.9	6:49
37	122	Hannah Kregel	Calvin	1	25:27.7	6:50
38	163	Joanne Gabl	Hope	4	25:32.0	6:51
39	258	Megan McClowry	Saint Mary's	4	25:34.0	6:52
40	274	Natalie Hutchison	Trine	1	25:39.0	6:53
41	85	Julie Helm	Alma	1	25:44.9	6:55
42	169	Chelsea Holicki	Hope	3	25:46.4	6:55
43	260	Clare McVey	Saint Mary's	3	25:54.4	6:57
44	123	Sarah Orndorff	Calvin	2	25:56.6	6:58
45	270	Samantha Wieczorek	Saint Mary's	3	25:59.0	6:59
46	178	Gina O'Brien	Hope	3	26:06.7	7:01
47	1	Victoria Alexander	Adrian	2	26:07.1	7:01
48	212	Ellen Conner	Kalamazoo	1	26:08.0	7:01
49	221	Kathleen Sly	Kalamazoo	2	26:08.9	7:01
50	8	Alivia Murphy	Adrian	1	26:10.9	7:02
51	247	Emma Baker	Saint Mary's	1	26:20.7	7:04
52	128	Kristin Van Kampen	Calvin	2	26:21.3	7:05
53	165	Katrina Gobrogge	Hope	2	26:21.7	7:05
54	47	Emily McLaughlin	Albion	3	26:24.9	7:06
55	12	Rachel Smith	Adrian	1	26:28.1	7:06
56	129	Anna Van Wyk	Calvin	3	26:32.5	7:08
57	266	Arianne Rodriguez	Saint Mary's	2	26:33.7	7:08
58	87	Miriam Johnson	Alma	4	26:37.9	7:09
59	117	Christine Hartley	Calvin	1	26:49.1	7:12
60	84	Shelby Harris	Alma	2	26:52.4	7:13
61	36	Katie Broekema	Albion	2	26:52.5	7:13
62	81	Taylor Corbett	Alma	2	26:55.4	7:14
63	262	Angela Nebesny	Saint Mary's	1	27:02.0	7:16
64	161	Salome Emmanuel	Hope	2	27:02.3	7:16
65	49	Amanda Miley	Albion	1	27:09.0	7:17
66	55	Charlie Spencer	Albion	3	27:10.0	7:18
67	216	Gina Massari	Kalamazoo	1	27:12.6	7:18
68	79	Jane Brewer	Alma	1	27:13.4	7:19
69	11	Erin Smiglewski	Adrian	2	27:15.9	7:19
70	56	Lindsay Way	Albion	3	27:17.4	7:20
71	80	Jennifer Campfield	Alma	1	27:18.3	7:20
72	255	Kristy Kucharski	Saint Mary's	1	27:19.7	7:20
73	261	Megan Morrissey	Saint Mary's	1	27:20.2	7:20
74	54	Sarah Ramp	Albion	4	27:26.4	7:22
75	257	Elizabeth Majewski	Saint Mary's	1	27:28.0	7:23
76	236	Brittany Marshall	Olivet	2	27:28.8	7:23
77	156	Sarah Anthony	Hope	3	27:33.1	7:24
78	248	Angie Bronicki	Saint Mary's	3	27:33.6	7:24
79	39	Abby Hess	Albion	1	27:36.6	7:25
80	115	Sarah Fennema	Calvin	2	27:41.7	7:26
81	35	Laurie Anderson	Albion	3	27:44.7	7:27
82	250	Lauren Easton	Saint Mary's	3	27:45.7	7:27
83	256	Anne Maguire	Saint Mary's	3	27:46.6	7:28
84	279	Hannah Thomas	Trine	2	27:51.6	7:29
85	109	Kaylea Brase	Calvin	1	27:51.7	7:29
86	171	Emma Lucas	Hope	4	27:52.8	7:29
87	181	Morgan Smith	Hope	1	27:54.2	7:30
88	265	Ellen Pfister	Saint Mary's	4	27:57.1	7:30
89	272	Sannie Anderson	Trine	1	27:57.5	7:30
90	159	Kate Brundige	Hope	3	27:58.7	7:31
91	155	Alyssa Ambrose	Hope	2	28:07.7	7:33
92	9	Holly Payne	Adrian	1	28:20.3	7:37
93	90	Robin Morrison	Alma	2	28:22.5	7:37
94	268	Hanna Vicary	Saint Mary's	2	28:32.3	7:40
95	281	Hayley Verdieck	Trine	2	28:36.1	7:41
96	218	Sarah Michayluk	Kalamazoo	4	28:45.2	7:43
97	267	Catie Salyer	Saint Mary's	3	28:54.1	7:46
98	45	Sydney Learman	Albion	4	28:54.4	7:46
99	249	Sarah Copi	Saint Mary's	1	28:57.5	7:47
100	278	Abigail Samuels	Trine	1	28:59.2	7:47
101	269	Stephanie Waite	Saint Mary's	3	29:01.2	7:48
102	82	Natalya Drummond	Alma	1	29:02.4	7:48
103	220	Margaux Reckard	Kalamazoo	1	29:03.4	7:48

104	275	Annalisa Krug	Trine	1	29:06.3	7:49
105	38	Cat Gulledge	Albion	4	29:11.4	7:50
106	259	Kari McCowry	Saint Mary's	1	29:18.3	7:52
107	211	Shelbie Burris	Kalamazoo	1	29:18.9	7:52
108	50	Ashley Miracle	Albion	1	29:23.9	7:54
109	53	Becca Putans	Albion	4	29:26.0	7:54
110	46	Megan McElroy	Albion	1	29:26.1	7:54
111	41	Erica Hope	Albion	3	29:32.2	7:56
112	277	Courtney Naveken	Trine	3	29:40.0	7:58
113	88	Kayla Keenan	Alma	1	29:50.4	8:01
114	160	Amelia Devries	Hope	1	29:51.9	8:01
115	213	Amanda Dove	Kalamazoo	4	30:05.9	8:05
116	237	Autumn Williams	Olivet	1	30:19.0	8:08
117	210	Kelsey Bragg	Kalamazoo	2	30:24.6	8:10
118	83	Denise Elowsky	Alma	4	30:24.7	8:10
119	282	Meagan Willis	Trine	1	30:28.4	8:11
120	58	Mary Wohlhuter	Albion	3	30:31.7	8:12
121	263	Kelly Payne	Saint Mary's	3	30:39.0	8:14
122	280	Sara Tracey	Trine	2	30:53.6	8:18
123	264	Kate Peters	Saint Mary's	4	31:01.4	8:20
124	215	Buhler Lara	Kalamazoo	2	31:04.6	8:21
125	91	Jennifer Pearson	Alma	1	31:17.9	8:24
126	43	Maria Kaisler	Albion	2	31:28.2	8:27
127	15	Katlyn Westmaas	Adrian	1	31:31.9	8:28
128	52	Nikki Oberholtzer	Albion	2	31:50.1	8:33
129	271	Cece Witous	Saint Mary's	2	33:02.8	8:52
130	42	Claire Kaisler	Albion	2	33:51.7	9:05
131	234	Christine Cameron	Olivet	4	34:23.5	9:14
132	214	Laura Gabrys	Kalamazoo	4	34:35.9	9:17

2009 MIAA CROSS COUNTRY CHAMPIONSHIPS

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TEAM RESULTS - WOMENS VARSITY

1.	15	CALVIN	(23:10.6 115:52.9)		
1	1	Jess Koster	Calvin	4	22:56.4
2	2	Jesi Hale	Calvin	4	22:58.4
3	3	Sarah Dugan	Calvin	4	23:14.0
4	4	Lauren Bergstrom	Calvin	4	23:17.2
5	5	Lizz Smit	Calvin	4	23:26.9
6	(6)	Gretchen Braymer	Calvin	3	23:29.4
7	(9)	Jodie Hoekstra	Calvin	2	23:38.4
2.	56	HOPE	(24:06.5 120:32.5)		
1	8	Taylor Mattarella	Hope	1	23:36.9
2	10	Emily Fischer	Hope	3	23:51.5
3	11	Kelly Luftkin	Hope	2	24:06.7
4	12	Karly Sikma	Hope	2	24:19.1
5	15	Katie Martin	Hope	1	24:38.3
6	(17)	Sharon Hecker	Hope	1	24:45.2
7	(19)	Susan Savasky	Hope	3	24:53.7
3.	112	ADRIAN	(25:22.1 126:50.2)		
1	14	Logan Hamel	Adrian	1	24:33.9
2	16	Alicia Fowler	Adrian	1	24:44.4
3	21	Heather Strong	Adrian	1	25:13.9
4	29	Victoria Alexander	Adrian	2	26:07.1
5	32	Alivia Murphy	Adrian	1	26:10.9
6	(35)	Rachel Smith	Adrian	1	26:28.1
7	(45)	Erin Smiglewski	Adrian	2	27:15.9
4.	120	SAINT MARY'S	(25:31.7 127:38.4)		
1	18	Julia Kenney	Saint Mary's	1	24:47.1
2	23	Joanne Almond	Saint Mary's	2	25:23.9
3	24	Megan McCowry	Saint Mary's	4	25:34.0
4	27	Clare McVey	Saint Mary's	3	25:54.4
5	28	Samantha Wieczorek	Saint Mary's	3	25:59.0
6	(33)	Emma Baker	Saint Mary's	1	26:20.7
7	(36)	Arienne Rodriguez	Saint Mary's	2	26:33.7
5.	154	ALMA	(26:07.8 130:38.9)		
1	13	Kellee Lemcke	Alma	3	24:28.3
2	26	Julie Helm	Alma	1	25:44.9
3	37	Miriam Johnson	Alma	4	26:37.9
4	38	Shelby Harris	Alma	2	26:52.4
5	40	Taylor Corbett	Alma	2	26:55.4
6	(44)	Jane Brewer	Alma	1	27:13.4
7	(47)	Jennifer Campfield	Alma	1	27:18.3
6.	156	ALBION	(26:08.9 130:44.5)		
1	20	Erika Nichols	Albion	4	25:02.9
2	22	Amanda Weaver	Albion	1	25:15.2
3	34	Emily McLaughlin	Albion	3	26:24.9
4	39	Katie Broekema	Albion	2	26:52.5
5	41	Amanda Miley	Albion	1	27:09.0
6	(42)	Charlie Spencer	Albion	3	27:10.0
7	(46)	Lindsay Way	Albion	3	27:17.4
7.	162	KALAMAZOO	(26:21.4 131:46.7)		
1	7	Jillian McLaughlin	Kalamazoo	4	23:32.0
2	30	Ellen Conner	Kalamazoo	1	26:08.0
3	31	Kathleen Sly	Kalamazoo	2	26:08.9
4	43	Gina Massari	Kalamazoo	1	27:12.6
5	51	Sarah Michayluk	Kalamazoo	4	28:45.2
6	(53)	Margaux Reckard	Kalamazoo	1	29:03.4
7	(55)	Shelbie Burris	Kalamazoo	1	29:18.9
8.	224	TRINE	(27:48.7 139:03.4)		
1	25	Natalie Hutchison	Trine	1	25:39.0
2	48	Hannah Thomas	Trine	2	27:51.6

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3	49	Sannie Anderson	Trine	1	27:57.5
4	50	Hayley Verdieck	Trine	2	28:36.1
5	52	Abigail Samuels	Trine	1	28:59.2
6	(54)	Annalisa Krug	Trine	1	29:06.3
7	(56)	Courtney Naveken	Trine	3	29:40.0